



Carers Week

10th - 14th June 2019

Monday 10th June - The Sage House Big Chat

Lets Talk 10.00am - 12noon - Carers, meet our Wayfinders and join us for chat, coffee and conversation at Sage House.

Click with Confidence

Digital drop in for carers 11.00am - 2.00pm Ask about online safety, social media, online banking, buying online, emailing.

Tuesday 11th June - The Sage House Big Chat

Lets Talk 10.00am - 12noon - Carers, meet our Wayfinders and join us for chat, coffee and conversation at Sage House.

Wednesday 12th June

Be Smart Be Safe 11.00am – 2.30pm Equipment demonstrations and advice from the Carers Support team.

Impact Initiatives Advice Clinic 12noon - 2.00pm advice and guidance on training and CV writing for working carers or people returning to work.

Thursday 13th June

Sage House Carers Pamper Day 10.00am - 2.00pm

Pamper sessions for carers, provided by Chichester College.

Relax and be pampered with manicures, file and paint nails, head and neck massage, hand and arm massage.

Booking is essential - 01243 888 691