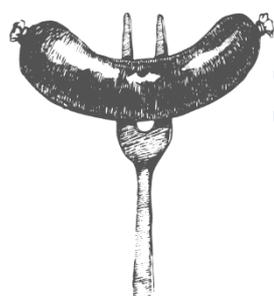




**Dementia
SUPPORT**



Sizzle for Sage House



Information Sheet

Our dementia support hub was officially opened by HRH The Countess of Wessex on the 8th May and has been called Sage House. We are now open for the local community to use the dementia day care, information & advice, community café and dementia wellbeing activities. We are seeing on average 60 people a day at Sage House, who are using our various services, but this is due to rise to over 200 people every day.

Sage House welcomes anyone who has a concern about memory loss, with or without a formal diagnosis of dementia. We also welcome carers and family who may want to find out more about supporting their loved one or who feel lonely and isolated. Sage House Dementia Support raises money in the local community for local people.

Sage House would like to raise £5,000 to cover the cost of 'singing for the soul' for one year and you can help us do that. Singing for the soul is a community activity that helps people engage, communicate, smile and also supports carers. It is a wellbeing activity that is proven to enhance mood and also an activity that promotes 'togetherness' for people who experience social isolation due to the impact of Dementia.

We need your help to raise this £5000, by holding a sizzler for Sage House at your house! you can have fun whilst raising vital funds for local dementia care, advice and support.

It's simple: organise a BBQ, invite friends/family and let them know you are holding the get together as a mini-fundraiser for Sage House. Either set an entrance fee or ask them to donate some money in our cardboard donation box. Have your BBQ, have some fun and at the end complete your donation form and send it to us along with the funds raised, you can send us your photos and stories as well and we will use to post on social media to say thank you.

For more information about Sage House and their services
call 01243 888691
or look online at www.dementia-support.org.uk

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